## Perry County\*\*

## 2003 Health and Preventive Practices Status Report from Missouri County-level Study

MISSOURI DEPARTMENT OF HEALTH AND SERVICES•CHRONIC DISEEASE PREVENTION AND HEALTH PROMOTION



J	County Prevalence (%)*	Southeast Region Prevalence (%)*	State Prevalence (%)*
General			
Health Status (Fair or Poor)	21.8	23.2 H	16.9
No Health Coverage	11.3	17.4 H	12.3
Behavioral Risk Factors			
Physical Inactivity	24.1	30.6 H	23.0
Current Smoker	27.8	28.1	26.5
Overweight (BMI 25-29.9)	38.9	36.9	35.3
Obese (BMI ≥ 30)	22.8	26.9	23.4
D <sub>isease and Conditions</sub>			
High Blood Pressure	30.5	30.0	28.5
High Cholesterol (35 years or older)	33.3	38.2	37.3
Asthma	8.6	12.3	10.7
Diabetes	9.5	7.5	7.2
Activity Limitation	21.1	20.6	17.8
Cancer Screening			
Women			
Never had a Mammogram	16.8	20.5 H	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	35.8	58.0	49.4
50-64 years of age	33.9	44.8	35.9
65 and older	57.8	52.9	47.4
Never had a Pap Test:			
18-69 years of age	8.8	3.8	5.1
70 and older	15.1	8.2	6.4
No Pap Test in Last Year (18-29)	17.8	23.5	25.8
No Pap Test in Last 3 Years (30-69)	16.8	15.4	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	60.0	63.1 H	57.0
No Blood Stool Test in Last Year	85.3	83.7 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	47.6	59.0 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	63.7	67.7 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

- indicates that the prevalence rate is not significantly above or below state prevalence
- indicates that the prevalence rate is significantly above the state prevalence
- indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

<sup>\*\*</sup> The best indicators for Perry county were obtained by combining data from Perry and Ste. Genevieve counties.